



Chicago Hyde Park Village ■ 5500 S. Woodlawn Ave. ■ Chicago, IL 60637
Tel. 773-363-1933 ■ www.chpv.org

Welcome to June 2018!

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CHPV Ongoing Programs to Enjoy

Drop-Ins: Wednesdays, June 13 & 27

Interest/ Affinity Groups: Recurring Events Chart

Upcoming Special Events

June 5: Tech-Cultural Exchange

Last day for intern *Kedong Ding* is June 7 – THANKS!

Healing After Loss Support Drop-In Group, 2nd & 4th
Thursdays 10:00– 11:30 AM, Piccolo Mondo

De-cluttering Support Group, 1st & 4th Mondays at 3:30 PM
Yoga for Balance class continues Thursdays

Wednesday, June 20, Potluck luncheon, 11:30. RSVP

Tuesday, June 19 **DINNER CRAWL** benefits **CHPV!**

Network Events of Note

SHARE events: Healthy Aging

OWL: Saturday, June 9, 1-3 PM: NEW DATE, NEW LOCATION

Chicago Hyde Park Historical Society Research Awards,
Sunday, June 10, 2-4 pm

Future Events of Note

July 1: Village Pot Luck Picnic and Carillon Concert

July 4: 4th on 53rd Parade

News You Can Use

Discount Wednesdays for Seniors at Hyde Park Produce

Cornell Villages develops Village-like program

Board & Supporters

Membership Form

ONGOING PROGRAMS TO ENJOY

June DROP-INS

NOTICE ON FORMAT: We are experimenting with a new procedure for Drop-In Announcements, which we hope will save time and make them more useful. We will collect appropriate information prior to the Drop-In and print a handout for distribution at the Drop In. **If you have an event or activity you would like included, please submit the relevant information to the office by noon on the Tuesday prior to the Drop In.**

On occasion we will invite members and guests to give brief introductions about interesting programs and activities during the short break between exercise and the start of lunch.

On June 13, *George Palamattam* from the Council on International Programs will tell us about the Council's programs to recruit and place professionals from around the world for a period of exchange and training with American businesses, not-for-profits and government agencies. The Council also seeks to enrich the experience for the foreign professionals and the communities they visit by placing the visitors with American host families.

June 13: Exercise at 10:30 Exercise: Wesley Pulphus
Program: TBA

Get your ticket for the June 19 Dinner Crawl, organized by the HP Chamber of Commerce! See the flyer below for exciting details! Only \$30 for sampling 20 restaurants – and CHPV gets \$15/ticket.

June 27: Exercise at 10:30; Lunch at noon; Program TBA

July 11: Exercise: Joy Nieda
Program: *Dr. Kate Thompson*, Principle Investigator, Program Director, SHARE Network, **"All About SHARE"**

2018 Summer 53rd St. Dinner Crow

Tuesday June 19, 2018

5:00pm to 9:00pm

*Get tickets from
the Village!*



A10
Ancien
Antoni 1
Chant
Einstein Bros. Bagels
Eto'o
Ja' Grill
Jolly Pumpkin
Kilwins
Leona's
Mellow Yellow
Nando's
Native Foods
Pockets
Porkchop
Red Snapper
Roti
Shinju Sushi
Sit Down Café & Sushi
Vanille

Ticket Price \$30:00

An epicurean journey through Hyde Park

Come sample 20 different restaurants

Crawl will begin at 1420 E 53rd St. (In front of Fifth Third Bank)

Go to: www.hydeparkchamberchicago.com for me information.

*To buy tickets Come to Drop In June 13!
or call Margaret 312-833-0415*

Chicago Hyde Park Village Recurring Events

	1 st	2 nd	3 rd	4 th
Monday	10:00-11:30am Women's Group @ Café 53 12:30-2:30pm Bridge and Game Group @ Nichols Park Field House 3:30-5:00pm Declutterers' Support Group <i>June only: 1st Mon (6/4) in lieu of 2nd Mon (6/11)</i>	12:30-2:30pm Bridge and Game Group @ Nichols Park Field House	12:30-2:30pm Bridge and Game Group @ Nichols Park Field House 3:00pm Program Committee meeting @ Augustana Lutheran Church 7:30pm HPHS/CHPV Book Group @ Treasure Island Community Room	12:30-2:30pm Bridge and Game Group @ Nichols Park Field House 3:30-5:00pm Declutterers' Support Group
Tuesday	4:30pm Hyde Park Village Salon/Dining @ The Snail		7:30-9:30pm Chicago Story Telling Guild @ Augustana Lutheran Church	
Wednesday	10:00-11:00am Men's Group @ Piccolo Mondo 12:30-2:30pm Bridge and Game Group @ Nichols Park Field House 1:30-2:30pm Knitting and Crocheting @ Montgomery Place	10:30-2:00pm Drop In @ Augustana Lutheran Church 10:45 Light Exercise 11:30 Announcements 12:00 Lunch 1:00 Program 12:30-2:30pm Bridge and Game Group @ Nichols Park Field House 1:30-2:30pm Knitting and Crocheting @ Montgomery Place 7:00pm Mahjong & Bridge @ Treasure Island Community Room	10:00-11:00am Men's Group @ Piccolo Mondo 11:30pm Pot-luck Luncheon @ Huyck Home (RSVP) 12:30-2:30pm Bridge and Game Group @ Nichols Park Field House 1:30-2:30pm Knitting and Crocheting @ Montgomery Place	10:30-2:00pm Drop In @ Augustana Lutheran Church 10:45 Light Exercise 11:30 Announcements 12:00 Lunch 1:00 Program 12:30-2:30pm Bridge and Game Group @ Nichols Park Field House 1:30-2:30pm Knitting and Crocheting @ Montgomery Place 7:00pm Mahjong & Bridge @ Treasure Island Community Room
Thursday	10:00-11:00am Men's Group @ Piccolo Mondo 10:30-11:20am Yoga for Balance @ Augustana Lutheran Church	10:00-11:30am Healing After Loss Drop In Group @ Piccolo Mondo 10:30-11:20am Yoga for Balance @ Augustana (except 6/14 @ 1 st Unitarian)	10:00-11:00am Men's Group @ Piccolo Mondo 10:30-11:20am Yoga for Balance @ Augustana Lutheran Church	10:00-11:30am Healing After Loss Drop In Group @ Piccolo Mondo 10:30-11:20am Yoga for Balance @ Augustana Lutheran Church
Friday			10:00-11:00am Women's Group @ Piccolo Mondo	

2018-06a

Transportation is available to all events for Village Members. Call CHPV Office: 773-363-1933 2 days in advance.
All Events Subject to Change: Be sure to check the monthly newsletter or call the office for details.

UPCOMING SPECIAL EVENTS

SSA INTERN KEDONG DING MOVING ON

Mr. Kedong Ding has been with the Village since last October, as a first-year student in the U.C. Social Service Administration program. He has been working with his mentor, Kitty Mann, with the Healing After Loss group, has done presentations for the CHPV, and has provided tech support to members. This coming Fall he will be working with the SHARE program – so he will still be around!

HEALING AFTER LOSS: A Support Drop In Group

As we age the loss of someone near and dear to us becomes a more frequent occurrence. Loss is always a complicated experience. If you have lost someone from your life, recently or in the more distant past, and want to talk to others in a similar situation about the emotions, experiences and activities related to this loss, we invite you to join a friendly and caring group on the **2nd and 4th Thursday of every month from 10:00 to 11:30 at the Piccolo Mondo Bakery, 1642 E. 56th Street.** All discussion will be confidential. The format will be a drop-in, which means you can come when you wish, as often as you wish. You do not have to make a commitment to attend any specific number of sessions.

If you have a friend, who is not a CHPV member, but would like to attend the group please urge them to come.

The group is facilitated by *Kitty Mann*, CHPV member and clinical social worker. If you want more information or want to explore whether the group will meet your needs, please call or email Kitty Mann (773-469-9084, kittymann@gmail.com).

“Decluttering” Support Group:

Chicago Hyde Park Village has started a special group for those who want some support in decluttering a home (or office). The group

usually meets on the second and forth Monday afternoon at 3:30 at Augustana Lutheran Church, 5500 S. Woodlawn. FOR JUNE ONLY, THE GROUP WILL MEET ON THE FIRST MONDAY. JUE 4. The group is open to all. All resource suggestions, ideas and tips also welcome.

YOGA FOR BALANCE Training with *Janèe Powell*. Weekly classes at Augustana every Thursday at 10:30 am. Cost: \$10/session; \$8 for CHPV members. Card valid for 5 sessions: \$45; \$35 for CHPV members.

Janee Powell has been leading yoga training for over 15 years, and has been studying Mind-Body Wellness, Mindfulness and Natural Healing for over 20 years. Through yoga she aims to assist and direct class participants with transformational techniques that repair the body, restore balance, increase strength, and relax the mind. She is certified in Hatha Yoga and Kemeti Yoga.

Tech-Cultural Exchange: Tuesday, June 5, 10 am to 12:20. U of C Cobb Hall, Ellis Avenue, 2nd Floor. Meet interesting foreign students; Bring your electronic devices for one-on-one instruction coaching on how to use them.

June 19 Dinner Crawl organized by Chamber of Commerce: Tickets only \$30; sample 20 restaurants on 53rd Street; **Buy your ticket from CHPV and we get \$15.!! Call Margaret Huyck for tickets now! 312-833-0415 or margarethuyck@gmail.com, or pick them up at the June 13 Drop-In. (SEE FLYER)**

July 1, 3:30 pm, Rockefeller lawn: Join Village Together Pot Luck Picnic and Carillon Concert. Featured artist: Carol Anne Taylor from Dallas' Cathedral Santuario de Guadalupe. The concert starts at 5 pm and lasts an hour.

Bring a dish to share (together with serving utensils) and your own preferred beverage (alcohol allowed). We'll have water and lemonade. Also, bring your own lawn blankets or chairs.

July 4--Join CHPV and most other neighborhood organizations for the annual **4th and 53rd parade**. We gather in the parking lot behind the Hyde Park Bank between 10 and 10:30. Step off for the parade is at 11 am. Everyone is welcome to join us for this "Everyone Marches, No One watches" parade of the year!

NETWORK EVENTS OF NOTE

SHARE (Southside Healthy Aging Resource Experts) Programs

"Artful Aging" is a collaboration among the Hyde Park Art Center (HPAC), Chicago Hyde Park Village, Off the Pews, and the University of Chicago SHARE Network partners. It seeks to expose the 65+ community to the arts.

Mather's More Than A Café Healthy Aging:

Monday, June 18, 1:30 – 3:00 p.m. *"Men's Lunch & Learn: Strike Out Stroke"*. Meal cost \$7.50. Register at least one week in advance. Mather Café is at 33 E. 83rd Street, Chicago.

***Call Mather's to register: 773-488-2801**

****Transportation is available to all healthy aging programs by calling: 773-363-1933, you must call at least 48 hours in advance.**

Steppin' for Health! Every Wednesday evening from 6:00 – 8:00 at Augustana Lutheran Church

OWL Hyde Park: Saturday, June 10, 1:00 – 3:00 – NEW DATE & LOCATION!

MEET AT THE ACCELERATOR, 5225 S. Cottage Grove!

Special **POLITICAL UPDATES!** This is our annual gathering of updates from our local politicians. Your time to find out what's on their minds – and tell them what is on yours!

If you need a ride, please call Margaret Huyck at 312-833-0415.

Invites You to Attend
A Special Panel Discussion with



Pres. Toni Preckwinkle



Ald. Sophia King



Ald. Leslie A. Hairston

Saturday, June 9, 2018

Community Programs Accelerator, 5225 S. Cottage Grove Ave.

Social Time: 1:00-1:30 PM Program: 1:45-3:00 PM

4th Ward Alderwoman Sophia King and **5th Ward Alderwoman Leslie A. Hairston** will share their experiences in providing services in their wards and in dealing with the proposed Obama Center in Jackson Park. **Cook County Board President Toni Preckwinkle** will share her efforts to deal with the Cook County budget initiatives in light of the current state and federal law enforcement and health care budget cuts.

The University of Chicago Community Programs Accelerator is easily accessible by CTA #4 bus. Street parking is available.

Men are most welcome! Bring your questions and some treats to share with everyone during the social time.

For more information and questions, contact: Dee Spiech, at 773-548-4228, or at: djspiech@aol.com

KMH/2018.05.15

Hyde Park Book Club: Sponsored by the HP Historical Society and CHPV – 7:30 p.m., Monday, June 18, Community Room, Treasure Island Grocery, 55th & Lake Park



Hyde Park Historical Society
5529 S. Lake Park Avenue, Chicago
2:00 - 4:00 PM, Sunday, June 10, 2018

Refreshments will be served.

Meet the winners of the Society's award for the best student projects on the history of Hyde Park Township from the 2018 Chicago Metro History Fair. See the students present their projects and hear commentary by panelists : Timuel D. Black, Jr., distinguished oral historian and educator, Jay Mulberry, former HPHS president and Chicago Public School principal, Warren K. Chapman, Ph.D., trustee of Chicago History Museum and former chancellor of the University of Illinois at Chicago.

The HPHS Award winners and their projects are:

Sohil Manek, Nicholas Merchant, and Teddy Neer, University of Chicago Laboratory High School, Chicago. **Documentary: "Laughter is the Best Weapon: Dick Gregory's Hilarious Fight for Civil Rights."**

Tobin Ginschel, Ellory Morrow, and Sarah Rovner, Lincoln Park High School, Chicago. **Website: "Harold Washington and the Council Wars."**

Also featured is the winner of the Leon Despres Award for Legal/Political History:

Juhui Jen, Lincoln Park High School, Chicago. **Paper: "Shakman Decrees."**

RSVP and Questions, contact: Kathy Huff, 773-241-7141 or rsvphphs@gmail.com

KMH/06-10-2018

NEWS YOU CAN USE

WEDNESDAYS ARE SENIOR DAYS AT HYDE PARK PRODUCE!!!

If you are over 65 and shop at Hyde Park Produce on a Wednesday,

you will receive a 10% discount!



Cornell Village, an intergenerational complex located in Hyde Park, has developed a kind of “Village within a Village” program that might interest others. Sammie Dortch, a Cornell Village resident and one of the initial program organizers has shared the following description of how a contained housing facility can support an age inclusive community.

Two years ago a small group of residents began collaborating with Chicago Hyde Park Village (CHPV), SHARE (Southside Healthy Aging Resource Experts), and Off the Pews (an intergenerational faith-based initiative focused on applying a “village” concept to addressing youth violence). They now hold quarterly sessions on site including a healthy meal and presentations on topics such as healthy aging across generations (e.g., from children through working and retired adults); financial literacy and estate planning; the relationship between Western and Eastern medicine; holistic health, and the benefits of diet and exercise. The program has become a perk of living in the community.

BOARD MEMBERS

Gary Worcester, President
Margaret Huyck, Past President
Susan Alitto, Founding President
Rita McCarthy, Vice President
Cindy Pardo, Secretary

Joanne Michalski, Treasurer
Ann Audrain,
Jane Comiskey
Allison Hartman
Ismail Turay

STAFF

Ava Salonis, SHARE Project Coordinator
Roderick Sawyer, Operations Support
Newsletter Staff: Margaret Huyck, Editor Pro Tem; Contact me to take over –or even help – with this fun job!!!

Advisory Committee

Josie Disterhoft
Sammie Dortch
Kathy Huff

Roger Huff
Kitty Mann

CURRENT BUSINESS SUPPORTERS

Bonjour Cafe
Cedars Restaurant
Chicago a Capella
Community Programs Accelerator
Barbara Flynn Currie
Foreign Car Hospital
Freehling Pot and Pan
Leslie Hairston, Alderman, Fifth Ward
Hyde Park Animal Hospital
Hyde Park Art Center
Hyde Park Bank
Hyde Park Produce
Hyde Park Property Management
Kimbark Plaza
Life Care at Home
Rita McCarthy, Coldwell Banker
Residential Brokerage
Mather Lifeways

MAC Properties
Mercato grocery delivery
Montgomery Place
Nando's Peri Peri Restaurant
Noodles, Etc. Restaurant
NowPow
OWL Hyde Park
Pizza Capri Restaurant
Toni Preckwinkle, Cook County Board President
Rohammad Sims State Farm Insurance
Spinelli State Farm Insurance
Toyota on Western
U of C Civic Engagement
U of C Geriatrics SHARE Network
UC Medicine

THANKS TO ALL WHO RESPONDED TO OUR REQUEST FOR SUPPORT THIS YEAR!!!

CHICAGO HYDE PARK VILLAGE



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CHPV Membership and Interest Form

Date: _____

Membership Category:

Associate: Individual

Household

Full Service: Individual

Household

Payment (make checks payable to CHPV):

☐ \$100 one payment ☐ Renewal

☐ \$120 (if 2, 3 or 4 payments)

☐ \$180 ☐ Renewal

☐ \$480

☐ \$590

I wish to make a donation in the amount of \$ _____
(CHPV is 501(c)3 nonprofit; donations are deductible as provided by law)

Total enclosed: \$ _____

Other Interests:

I am interest in volunteering ☐ Indicate any special skills or interests: _____

I am interested in working with the following committees (Please circle):

Programs

Partnerships

Membership

Volunteers

Development

Fundraising Events

MEMBER 1: _____

(Last, First, Middle or MI. Please include suffix if applicable)

ADDRESS _____ Zipcode: _____

Please circle preferred method for contacting you.

PHONE: _____ MOBILE: _____

EMAIL: _____

Date of Birth: _____ (Month, Day and Year)

MEMBER 2: _____

(Last, First, Middle or MI. Please include suffix if applicable)

PHONE: _____ Email: _____

Date of Birth: _____ (Month, Day and Year)

Signature _____