



Chicago Hyde Park Village n 5500 S. Woodlawn Ave. n Chicago, IL 60637  
Tel. 773-363-1933 n [www.chpv.org](http://www.chpv.org)

## ***Welcome to October 2018!***

### **Contents**

### **FALL SUNDAY BRUNCH: OCTOBER 14: FINAL RESERVATIONS DUE OCTOBER 7**

### **CHPV Programs to Enjoy**

- Interest/ Affinity Groups: Recurring Events Chart
- Upcoming Drop-Ins: Wednesdays, October 10 & 24
- Yoga for Balance class adds Mondays; continues Thursdays

### **Network Events Coming Up**

- Art Gallery Exhibition by Mary Young, Friday, September 7, through October 26
- A Livable Chicago for All Ages, Thursday, October 4
- OWL Hyde Park, Saturday, October 6, 1-3
- Service League Program, Wednesday, October 17, 1:30
- Service League Benefit & Bazaar, November 10, 10 – noon
- Dine-around Plans

**Events of Note:** **For CHPV Members Only, our printed MEMBER DIRECTORY NOW AVAILABLE!**

### **News You Can Use**

- How to Die in Oregon – and Organize in Illinois
- How Seniors 85+ Fare Financially – and what disrupts it?
- Discount Wednesdays for Seniors at Hyde Park Products

### **Board & Supporters**

### **Member Application**

# Fall Sunday Brunch

The Chicago Hyde Park Village  
invites you to our  
Fall Benefit

Sunday, October 14, 11am-3pm  
Chicago Lake Shore Hotel, Hyde Park Room  
4900 S. Lake Shore Drive

## Enjoy:

A sumptuous buffet  
Complimentary mimosas

## Featuring:

Jay Mulberry, Master of Ceremonies  
And 2<sup>nd</sup> City Comedy Grad Dan Friedrich

Live and Silent Auctions, featuring:  
Certificates for Dining Out in Hyde Park

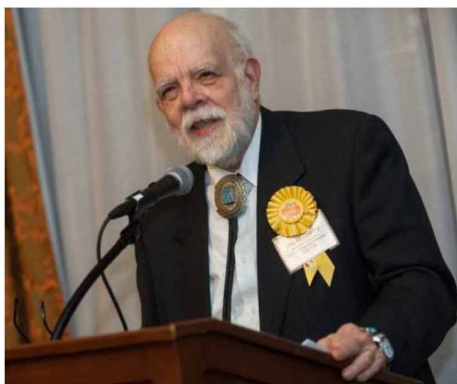
Free parking available  
\$90 per person by Sept. 29  
\$100 per person Sept. 30 - Oct. 7  
For reservations, information, and donations:  
joannemichalski@gmail.com 608-332-0140  
www.chpv.org

Chicago Hyde Park Village is a 501(c)(3) organization



**Dan Friedrich**, has performed in a number of Hyde Park dramatic productions for the past several years, in plays for Hyde Park Community Players and in the annual Quadrangle Club Revels. The Revels are original musical comedy productions with book and lyrics written by local community members set to well-known songs that are performed by some Hyde Park luminaries. Dan is a graduate of the Second City Conservatory and Improv Olympic, and is adept at sketch writing and directing. His latest works include: “If Anyone Was Offended: Campaign 2016,” and “Martin Luther: He’s done an amazing job, and

is being recognized more and more.” In real life, Dan is CEO/CTO of Friedrich, Klatt and Associates, a Hyde Park based computer software company that specializes in products such as a Microsoft Server/Project Online Business Intelligence package and a Microsoft Project Pro add-in with tools for managing Master Schedules. His firm’s clients include some of the country’s largest businesses: NASA, U.S. defense and aerospace contractors, and the Department of Energy among others. Dan is a truly multi-faceted talent whom the **Chicago Hyde Park Village** is privileged to present as a comedian/entertainer at our upcoming **Brunch to Remember Benefit, Sunday, October 14, 2018.**



**Jay Mulberry** is another Hyde Park original who has been an active supporter of many community organizations and causes for several decades since he graduated from the University of Chicago. He is a retired Chicago Public School history teacher and principal who acted as a mentor to students in the Chicago History Fair. He is past president of the Hyde Park Historical Society and has acted as the emcee at their annual awards dinner for the past decade. His introductions are

always full of humor and great stories. Jay is a founding member of the Chicago Hyde Park Village and serves on our advisory board. He currently moderates several online discussion groups, including one on climate change, one on the Obama Center, one for our Village, and, most notably, Good Neighbors, where he has become well known throughout the community for posting historic images of Hyde Park and Chicago. The **Chicago Hyde Park Village** is pleased to have Jay as the master of ceremonies at our **Brunch to Remember Benefit, Sunday, October 14, 2018.**

# Chicago Hyde Park Village Recurring Events

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>
Monday	<b>10:00-11:30am</b> Women's Group @ Café 53 <b>10:30-11:20am</b> Yoga for Balance @ Augustana Lutheran Church <b>12:30-2:30pm</b> Bridge and Game Group @ Nichols Park Field House	<b>10:30-11:20am</b> Yoga for Balance @ Augustana Lutheran Church <b>12:30-2:30pm</b> Bridge and Game Group @ Nichols Park Field House <b>3:30-5:00pm</b> Declutterers' Support @ Augustana Lutheran Church Group	<b>10:30-11:20am</b> Yoga for Balance @ Augustana <b>12:30-2:30pm</b> Bridge & Game @ Nichols Park Field House <b>3:00pm</b> Program Committee meeting @ Augustana <b>7:30pm</b> HPHS/CHPV Book Group @ Treasure Island Community Room	<b>10:30-11:20am</b> Yoga for Balance @ Augustana Lutheran Church <b>12:30-2:30pm</b> Bridge and Game Group @ Nichols Park Field House <b>3:30-5:00pm</b> Declutterers' Support Group @ Augustana Lutheran Church
Tuesday	<b>4:30pm</b> Hyde Park Village Salon/Dining @ The Snail			
Wednesday	<b>10:00-11:00am</b> Men's Group @ Piccolo Mondo <b>1:30-2:30pm</b> Knitting and Crocheting @ Montgomery Place <b>12:30-2:30pm</b> Bridge and Game Group @ Nichols Park Field House	<b>10:30-2:00pm</b> Drop In @ Augustana Lutheran Church 10:45 Light Exercise 11:30 Announcements 12:00 Lunch 1:00 Program <b>1:30-2:30pm</b> Knitting and Crocheting @ Montgomery Place <b>7:00pm</b> Mahjong & Bridge @ Treasure Island Community Room <b>12:30-2:30pm</b> Bridge and Game Group @ Nichols Park Field House	<b>10:00-11:00am</b> Men's Group @ Piccolo Mondo <b>11:30pm</b> Pot-luck Luncheon @ Huyck Home (CANCELED) <b>1:30-2:30pm</b> Knitting and Crocheting @ Montgomery Place <b>12:30-2:30pm</b> Bridge and Game Group @ Nichols Park Field House	<b>10:30-2:00pm</b> Drop In @ Augustana Lutheran Church 10:45 Light Exercise 11:30 Announcements 12:00 Lunch 1:00 Program <b>1:30-2:30pm</b> Knitting and Crocheting @ Montgomery Place <b>7:00pm</b> Mahjong & Bridge @ Treasure Island Community Room <b>12:30-2:30pm</b> Bridge and Game Group @ Nichols Park Field House
Thursday	<b>10:00-11:00am</b> Men's Group @ Piccolo Mondo <b>10:30-11:20am</b> Yoga for Balance @ Augustana Lutheran Church	<b>10:00-11:30am</b> Healing After Loss Drop In Group @ Piccolo Mondo <b>10:30-11:20am</b> Yoga for Balance @ Augustana Lutheran Church	<b>10:00-11:00am</b> Men's Group @ Piccolo Mondo <b>10:30-11:20am</b> Yoga for Balance @ Augustana Lutheran Church	<b>10:00-11:30am</b> Healing After Loss Drop In Group @ Piccolo Mondo <b>10:30-11:20am</b> Yoga for Balance @ Augustana Lutheran Church
Friday			<b>10:00-11:00am</b> Women's Group @ Piccolo Mondo	

2018-10a

Transportation is available to all events for Village Members. Call CHPV Office: 773-363-1933 2 days in advance.  
**All Events Subject to Change:** Be sure to check the monthly newsletter or call the office for details.



## **OCTOBER DROP-INS**

**We now try to compile an Announcement handout so participants will have a takeaway to remind them of activity details. Also we do not want to interfere with socialization time. If you have an event or activity you would like included, please submit the relevant information to the office by noon on the Tuesday prior to the Drop In.**

**October 10:** Exercise: Pat Schulman

Program: Althera Steenes, Project Manager, Nutrition Health Educator, UC Medicine; Nutrition and Healthy Life Styles

**October 24:** Exercise: Sarah Oaks

Program: Medicare Update

**SPECIAL!! Ask us about trying OUR NEW INDIVIDUAL HEARING AUGMENTATION SYSTEMS.**

## **EVENTS OF NOTE: MEMBER DIRECTORY**

The first Member Directory is now available! The Director is for Members Only, and should not be shared with other organizations. It is available on-line, and one printed copy per household is available, at the Drop-In, from the office, or from Margaret Huyck. This Directory lists the contact information that each member has indicated they are willing to share; if you wish to change your listing, contact the office and let them know. The Directory also lists the date your membership will expire (e.g., 11/18).

## **NETWORK EVENTS COMING UP**

### **Chicago Aging Collaborative Speakers October 4, 4 – 6**

Rush University Medical Center, 1725 West Harrison, 5<sup>th</sup>

This is the second public events the Chicago Aging Collaborative has organized to advance the idea of “A Livable Chicago for All Ages. Twin guest speakers Bob Blancato and Bill Benson are both seasoned activists in the field of aging, and they will give us a national perspective on efforts to build livable, aging supportive communities around the country.

*Join us for a Dynamic Presentation*  
**A Livable Chicago for All Ages:  
Voice to Vision to Action**



**How do we move our communities forward collectively and individually toward Livability for All Ages?**

- Why is this critical for Chicago?
- What is the current political landscape?
- How do we embed our vision for Livability for All Ages into plans for Chicago's future?
- How do we bring people together?

**October 4th, 2018**

**4:00 – 6:00 pm**

**Refreshments provided**

**Rush University Medical Center, Searle Conference Center  
1725 West Harrison 5<sup>th</sup> Floor, Brainard Room  
Our featured speakers:**



Bob has served as the Board President of the American Society on Aging, the Executive Director of the National Association of Nutrition and Aging Services Programs, on the Board of the National Council on Aging, and directed the 1995 White House Conference on Aging, in his 20+ years of service.



Bill has worked in senior positions at the U.S. Administration on Aging, including as Acting Assistant Secretary, at the California Department of Aging, including as State Long-Term Care Ombudsman, and as a consultant to CDC's Healthy Aging Program, writing Critical Issue Briefs on public health and aging.

**Hosted by The Chicago Aging Collaborative  
[chicago.aging.collaborative@gmail.com](mailto:chicago.aging.collaborative@gmail.com)**

This is the second public event the Chicago Aging Collaborative has organized to advance the idea of “A Livable Chicago for All Ages. Twin guest speakers Bob Blancato and Bill Benson are both seasoned activists in the field of aging. They will give us a national perspective on other efforts to build livable, aging supportive communities.

Over 80 people from all over Chicago attended the first “Livable Chicago for All Ages” event in early August. Spread the word, come to this next event and help the Chicago Aging Collaborative share information, programs and ideas to promote a more age-friendly and supportive city. There is no need to register as Rush has kindly provided a space to accommodate our growing numbers.

**OWL Hyde Park Resumes Saturday, October 6, 1-3**

This partner group will resume meeting in the Community Room at the Treasure Island grocery store.



## CHICAGO HYDE PARK OWL CHAPTER

*Established January 21, 1989*

### Program for Hyde Park OWL October 6, 2018 Meeting



#### **“Issues, Candidates, and Voting Patterns in the 2018 Midterm Election”**

**Saturday, October 6, 2018, 1:00 PM Social; Program 1:45-3 P.M.**

**Lower Level of Treasure Island Market, 1526 East 55<sup>th</sup> Street, Chicago, IL**

**Special Guest: Ray Lodato, Lecturer, Department of Public Policy Studies in the College, University of Chicago;** formerly at National Opinion Research Center, Social Service Administration, UChicago, Illinois Institute of Technology, University of Illinois at Chicago; served on the staffs of 3 Chicago aldermen, and was a candidate for Congress in 2012.

Ray has done research on voting patterns in the 2016 presidential election and has spoken about women’s voting patterns in that election in a previous OWL program. This time he will bring us up to date on voting patterns for both men and women in the recent March Illinois primary election, and he will provide a preview of some of the issues that will affect key candidates and voting blocks in the highly anticipated November 6, 2018 mid-term election.

Invite your friends, bring questions, and don’t forget to bring some goodies to share for the social time! For more info, contact: Dee Spiech at: [djspiech@aol.com](mailto:djspiech@aol.com) or 773-548-4228.

knh/09/16/2018

### **SHARE (Southside Healthy Aging Resource Experts) Programs**

The SHARE Network has produced a useful “South Side Aging Resource Guide” covering topics from Caregiver support to Medical Equipment and Personal Safety. Pick up a copy at the next Drop In, at the UC Medicine Senior Care Center on 71<sup>st</sup> and Exchange or from the office.



**\*\*Transportation is available to all healthy aging programs by calling: 773-363-1933, you must call at least 48 hours in advance.**

### **MarY Artist YounG Solo show at Banc Gallery**



Mary Young resumed her professional art career after retiring from the University of Chicago Office of Civic Engagement. She was a founding member of the Chicago Hyde Park Village, and will have a solo exhibit of her fabric artwork at the Blanc Gallery, 4445 S. Martin Luther King Drive. The show continues until October 26. To see previews of her work visit her website.

**Hyde Park Book Group:** 7:30 in the Community room, lower level of Treasure Island Grocery Store at 55<sup>th</sup> and Lake Park. The Hyde Park Book group is co-sponsored by the Hyde Park Historical Society and Chicago Hyde Park Village, and focuses on books by Hyde Parkers and/or that feature the community prominently. The group meets on the third Monday evening of each month. Upcoming:

- October 15, 2018 Remarkable Women of the University of Chicago: Hanna Holborn Gray, Muriel Beadle, Maude Hutchins
- November 19, 2018 Rosellen Brown, author of *The Lake on Fire*.

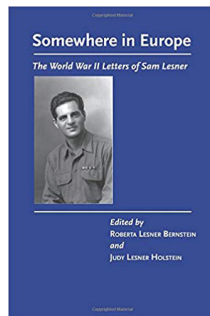
**WWW.UCSERVICELEAGUE.ORG**

**The University of Chicago  
Service League**

**Wednesday, October 17, 1:30 P.M.  
Program Meeting**

***Somewhere in Europe*  
*The World War II Letters of Sam Lesner***

**A book talk by the Editors:  
Roberta Lesner Bernstein & Judy Lesner Holstein**



Sisters Roberta Bernstein and Judy Holstein have put together a book about their father's experience in the Army Medical Corps in World War II based on his letters home and interviews with him. They will discuss their book *Somewhere in Europe: The World War II Letters of Sam Lesner*. His letters span his time as a medic from basic training through landing in Normandy on D-Day, the Battle of the Bulge and the liberation of the concentration camps. Mr. Lesner was an award-winning and popular Chicago newspaper columnist for 60 years--50 years at the Chicago Daily News and 10 years at the Hyde Park Herald.

WWW.UCSERVICELEAGUE.ORG



# The University of Chicago Service League



## Fall Benefit and Bazaar

**Saturday November 10, 2018**

**10:00 A.M. to Noon**

**Quadrangle Club, 1155 East 57th Street, Chicago, IL**



### Bazaar

Baked Goods

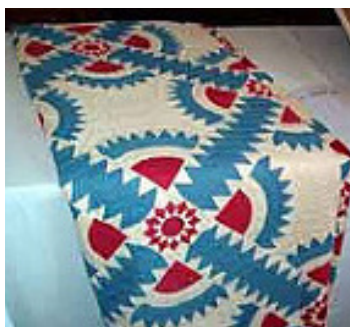
Lovely Quilts

Knitted Goods

Jewelry

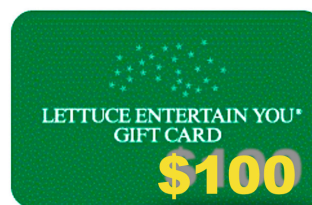
Orchids

Treasures



### Raffle and Silent Auction

Prizes include a **\$200** Saks Fifth Avenue gift certificate,  
a **\$100** gift certificate for Tesori Trattoria & Bar at Symphony Center,  
and a **\$100** Lettuce Entertain You gift certificate and **many more!**



One need not be present at the event's finale to collect any winnings from the Raffle and Silent Auction.

**Dining Out Meet-up, BY Terry Stumpf**

**WOW!** We started out the second year with a bang! The CHPV Dining Out Meet-up at *la petite folie* was fabulous and a great evening. We set a record with 25 of us (5 first timers, 3 folks we hadn't seen in a while, and the rest of us were regulars). We had great service from our wait staff David and Eric; oversight by owner Mary; we were clustered in the backroom to ourselves. The food was very French of course and so delicious. While dining at tables, conversations around the tables seemed robust - if a pin dropped, we could not have heard it. **If you were not there, you missed a grand time and we missed you!**

**Tentative plans: Watch for Details --** Next CHPV Dining Out Meet-up in November or December, 5:30p.m., Mesler Kitchen & Bar in the Sophy Hotel - Hyde Park, 1411 East 53<sup>rd</sup> Street.

### **Health Subcommittee, UC Medicine Advisory Group**

Since its opening on May 1, 2018, the Adult Trauma Center at UC Medicine has seen over 1000 cases! In addition to quality care for victims of trauma, UC Medicine has initiated a Violence Recover Program. This is a major effort to help trauma patients and their families after they are discharged. An ongoing effort seeks to recruit qualified personnel for this program. Requirements include a high school diploma or GED, a driver's license and car and some computer proficiency, but most important are familiarity with Southside neighborhoods, flexibility and strong interpersonal skills. All interested people are encouraged to apply and the hospitals may be able to help promising candidates overcome some obstacles.

In addition UC Medicine has partnered with U of C Community Programs Accelerator on a Violence Prevention Grant program. This initiative will support qualifying local non-profit agencies that provide promising violence prevention programs and initiatives for at-risk and underserved populations within the hospital service area.

The Advisory Council and its subcommittees have worked with the Hospitals on identifying Community Healthy Needs Assessments and efforts to address them. They are also a channel for input from the

broader community. [Susan Alitto]

## **NEWS YOU CAN USE**

### **WEDNESDAYS ARE SENIOR DAYS AT HYDE PARK PRODUCE!!!**



If you are over 65 and shop at Hyde Park Produce on a Wednesday, you will receive a 10% discount!

### **How to Die in Oregon – and Organize in Illinois**

In 1994 Oregon made it a legal right for people who are dying to cut short their suffering with a doctor's aid. This is known as "death with dignity." This option is only available for those who have been determined to be terminally-ill by two physicians, who are mentally competent, and who declare their intent more than once, at least two weeks apart. Death certificates must list the underlying illness as the cause of death (not suicide). Eight other states now allow this option, and people are organizing in Illinois to establish this legal right. Final Options Illinois presented an award-winning documentary about several patients who took advantage of the law in Oregon, *How to Die in Oregon*, at the First Unitarian Church on Sunday, September 23. The film is also available on-line. This group is eager to present the film and discuss the option for our state with as many groups as possible. For more information:

([www.FinalOptionsIllinois.org](http://www.FinalOptionsIllinois.org), [info@FinalOptionsIllinois.org](mailto:info@FinalOptionsIllinois.org), 815-366-7942 or 224-565-1500.

### **How Retirees Over 85 Fare Financially – and What Disrupts their Usual Resilience**

Anna Rappaport, a distinguished Actuarial scientist, addressed these issues at a meeting of the Joint Task Force on Women and Aging on September 14, 2018. As she pointed out, most financial planners assume that people will accumulate savings until retirement, and then gradually spend them down over the course of retirement. In order to assess what is really happening, a group of experts studied the experiences of two groups of retirees over the age of 85: those with assets under \$50,000 and those with assets between \$50,000 and \$400,000. (They assume that those with assets more than \$400,000 are able to manage retirement financially.) They



found that most retirees want to hold onto their assets. They adapt to their changed financial circumstances, and they are comfortable with frugality. Most reduce their spending from 65 to 85, and even older, and most of those they studied feel financially secure.

However, they have not planned for long term care, and they are not prepared for dementia. Either of these challenges creates the need for more care, and often more expense than planned for. While informal family care is usually sufficient to meet the needs of most elderly, serious needs are not easy to meet. Older individuals without family to provide care are often in serious difficulties even before they develop dementia or long terms care needs, and they definitely are at risk with serious health problems. When dementia is diagnosed, some deny, and some plan – but few have good plans in advance. We need to plan ahead by simplifying regular money management, and having a system for monitoring bill payments. [mhhuyck]

### **Report from UC Medicine's Community Advisory Council and Adult Health Subcommittee**

The Advisory Council and its subcommittees have worked with the Hospitals on identifying Community Healthy Needs Assessments and developing programs and services to address them. The Council and Committees are also a channel for input to hospital administration from the broader community.

Since the opening of the Adult Trauma Center on May 1, 2018, it has seen over 1000 cases! In addition to quality care for victims of trauma, UC Medicine has initiated a Violence Recover Program. This is a major effort to help trauma patients and their families after they are discharged. The hospitals are now recruiting qualified personnel for this program. Requirements include a high school diploma or GED, a driver's license and car and some computer proficiency, but most important are familiarity with Southside neighborhoods, flexibility and strong interpersonal skills. The hospitals may be able to help promising candidates overcome some obstacles so all who are interested should apply.

In addition, UC Medicine has partnered with U of C Community Programs Accelerator on a Violence Prevention Grant program. This initiative will support qualifying local non-profit agencies that provide

promising violence prevention programs and initiatives for at-risk and underserved populations within the hospital service area. If you know of agencies that might qualify, encourage them to apply.

## **BOARD MEMBERS**

Gary Worcester, President  
Margaret Huyck, Past President  
Susan Alitto, Founding President  
Rita McCarthy, Vice President  
Cindy Pardo, Secretary  
Joanne Michalski, Treasurer  
Ann Audrain  
Jane Comiskey  
Inagrace Dietterich  
Allison Hartman  
Ismail Turay

## **STAFF**

Ava Salonis,  
    SHARE Project Coordinator  
Roderick Sawyer,  
    Operations Support  
Roger Huff,  
    Club Express Advisor  
Nathan Worcester,  
    Technical Support  
  
Steven Fox,  
    Volunteer Ride Coordinator

## **ADVISORY COMMITTEE**

Josie Disterhoft  
John Disterhoft  
Sammie Dortch  
Kathy Huff  
Roger Huff  
Kitty Mann  
Jay Mulberry

## **COMMITTEE CHAIRS**

**Membership: Recruitment,  
Renewals, Data Bases:**  
Roger Huff

**Member Services:**  
Kitty Mann &  
Ginni Cook

**Programs:**  
Susan Alitto

- Anniversary Celebration:  
Inagrace Dietterich &  
Terry Stumpf
- Healthy Aging:  
Ava Salonis

**Development/Fundraising:**  
Margaret Huyck

- Special Events:  
Rita McCarthy &  
Cindy Pardo
- Individual Donors:  
Josie Disterhoft
- Business Supporters:  
Cindy Pardo
- Foundations & Grants:  
Kathy Huff &  
Margaret Huyck

**Partnerships:**  
Susan Alitto

**Communications:**  
Margaret Huyck

**Nominating:**  
Margaret Huyck

2018-09-23

# CHICAGO HYDE PARK VILLAGE



5500 S. Woodlawn Ave. ■ Chicago, IL 60637 ■ Tel. 773-363-1933 ■ www.chpv.org ■ email: info@chpv.org

## CHPV Membership and Interest Form

Date: \_\_\_\_\_

### Basic Info

Name	First	MI	Last
Member 1:			
Member 2:			
Address			Apt #
City / St / Zip			
Your Contact Info	Member 1	Member 2	
Phone			
Cell Phone			
Email Address			
Date of Birth (m/d/y)-optional			
Emergency Contact (Whom should the Village contact if something happens at a Village activity?)			
Name			
Relation			
Phone			
Email			

### Membership Types and Fees (per year)

☐ \$100 Assoc Solo    ☐ \$180 Assoc Household    ☐ \$480 Full Solo    ☐ \$590 Full Household

### Interests

Volunteer your Skills / Interests: \_\_\_\_\_

☐ Programs    ☐ Fundraising    ☐ Partnerships    ☐ Membership    ☐ Volunteers    ☐ Member Services

### Directory

Visibility	Options - Choose ONE	Mbr 1	Mbr 2
The Village publishes a Members Only Directory. You may choose the level of disclosure. Please choose ONE option for each Member. If no choice is selected, the "default" is Name & City. The elements displayed: Name, Street Address, City/St/Zip, Phones (all or none), Email Address, & if applicable, co-household member name.	All Shown	<input type="checkbox"/>	<input type="checkbox"/>
	No Email	<input type="checkbox"/>	<input type="checkbox"/>
	No Street Address	<input type="checkbox"/>	<input type="checkbox"/>
	No Street or Phones	<input type="checkbox"/>	<input type="checkbox"/>
	Name & City (default)	<input type="checkbox"/>	<input type="checkbox"/>
	Do Not List	<input type="checkbox"/>	<input type="checkbox"/>

Signature(s) \_\_\_\_\_

Member #1

Member #2