



5500 S Woodlawn Ave, Chicago, IL 60637 | info@CHPV.org | 773-363-1933
Monthly Newsletter May 2019

EDITORIAL COMMENT

Various services for members are ready to commence over the next several months *if and when* there are trained volunteers willing to pitch in to work with other Villagers.

SO—Get trained! Volunteer with other Chicago Hyde Park Villagers. There’s more to do than drive a car! Yes, it’s work, but it’s fun as well. You may even make new friends!

Call 773-363-1933 (CHPV office) or email < info@chpv.org >

Nancy Snider, Editor

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From the Executive Director: Village Visitors

This month I want to share an update on a new pilot program at the Village. It is funded through the SHARE grant, which ends its current cycle on June 30, so the pilot has gotten underway quickly! We are calling the program “Village Visitors.” It is modeled on a 28-year-old Evanston-based program called Senior Connections.

Village Visitors is a friendly visitor program in which a senior is matched with a volunteer visitor from the community for social connection. Seniors simply need to be interested in having a visitor and able to develop a relationship. Volunteers, after being trained and completing a background check, commit to spending one hour per week with the senior. Initial visits would likely be in the senior’s home, but matched pairs are free to make mutual social plans as they wish. Senior Connections asks for a one-year commitment from volunteers. We anticipate having the same timeline for volunteers if we continue the pilot beyond June 30.

Because Village Visitors is funded by SHARE, the program is open to all seniors and is not limited to Village members. Similarly, we are seeking volunteers outside of CHPV to be visitors. We anticipate that the program, if it continues beyond the pilot, will have a significant intergenerational aspect, so we hope to recruit UChicago students and parents with young children to be volunteers.

Dorothy Pytel, who many of you know from Augustana and/or the Hyde Park Refugee Project, is managing the pilot program and working in the office part-time. If you have any questions or would like more information, please call the office (773.363.1933) or email Dorothy < dorothy.pytel@chpv.org >. Or stop by Room 8 at Augustana (generally M-F 11-3); call first to make sure someone is there.

Cheers to all of you and happy spring!

Michelle

Michelle Dassinger
Executive Director | Chicago Hyde Park Village
michelle.dassinger@chpv.org | 773.363.1933
Hours: 11- 3 Mon-Fri



Member Services

From: CHPV Member Services Committee

Transportation Services – The cornerstone of CHPV membership services

Associate Members may request rides to

- All CHPV events, including Wednesday Drop-Ins

Full Members may request rides to

- All CHPV events
- Healthcare appointments—doctors, dentists, PT, etc.
- Do errands including grocery shopping
- Other (non-CHPV) activities

How Do I Request a Ride?

1. At least 72 hours before you need the ride
2. Send an email to CHPV's volunteer ride coordinator, Steve Fox <sfox1484@gmail.com>, stating the date, time and destination for your ride and whether you need a return ride.
3. Steve will circulate your request to the CHPV volunteer drivers
4. One of the CHPV drivers who is available at the time you need will contact you to make the detailed arrangements for pick up, etc.
5. If you receive a notice that no volunteer driver is available, you will need to make other arrangements
6. For information on how to request a ride to SHARE events, see page 7

New Services Are on the Way

MSC has developed several new services to support and assist members. Details will be available over the next several months. Watch the NEWSLETTER for more information.

All of CHPV's Services are provided by vetted and trained volunteer members.

We Need You to Volunteer Now

As a volunteer you can do things you like to do, such as:

- driving members to CHPV events or appointments
- filing/copying in the office
- serve on a committee
- raising money to support CHPV

And many other activities.

As a volunteer you can work as much or as little as you wish, and, when it is convenient for you.

As a volunteer you will be trained and supported in your work.

As a volunteer you will meet wonderful, friendly people and make new friends.

As a volunteer you will experience the pleasure of neighbors helping neighbors.

SO, Come Join Us

We work but we also have a lot of fun!!!

eMail <info@chpv.org> or call

773-363-1933. A member of the Member Services Committee will respond.

How I Spent My Spring Break

By Sylvia Dawson

Photography by Glyn, Sylvia & Ken Dawson

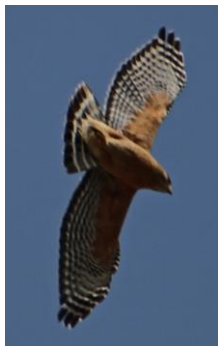
Our son Ken and his wife Veronica met us at Sacramento airport and drove us to their home in Folsom, a former gold mining town.

After a rainy start the famous California weather did not disappoint; we were able to walk to the bike/walking/running path alongside a pond to enjoy hiking and birding. Over the week's trip we saw 50 species including spectacular birds such as a Bald Eagle sitting on a nest, Wild Turkeys lekking, and a pair of Red Shouldered Hawks in their prenuptial display. It is spring; bird plumage is spectacular, and mating and nest building are a priority. The



eagle was close to the trail and quite unafraid of us. Further down the trail a whirring of wings surprised us, and the huge male eagle flew past breathtakingly close to us.

On the way to Mather Regional Park to see the spring bloom, Ken pulled off the road. About 20 yards away in plain view we were amazed to see lekking Wild Turkey males displaying their colorful plumage. It was funny to see them strutting and puffing up their feathers while the females pretended not to notice. On another walk a screech alerted us to the Red Shouldered Hawks soaring against the blue sky. First one, then another came into view. We watched the aerial display, their red shoulders shining in the sun as they circled together. Then suddenly they were gone.



At Mather Regional Park we wandered around vernal pools for a close up look at the grasses and flowers. The park, carpeted with yellow, pink and blue flowers, was stunning. Of course, we spotted birds such as Meadowlarks singing in the meadows and Harriers flying low, hunting for rodents.



A hike along a former logging flume, now a walking path, rewarded us with splendid waterfalls and wildlife. We saw the red and orange California Newt (a type of salamander) and well camouflaged lizards, spied by Ken for us to photograph. Different moisture loving flowers as well as mosses and lichens grew along the shady sides of the pathway.



Continued on next page

How I Spent My Spring Break (continued)

You can't visit California without a wine tasting, and new vineyards seem to pop up all the time. Trying the local cuisine and wandering around the small historic town centers with family makes a nice day's outing.

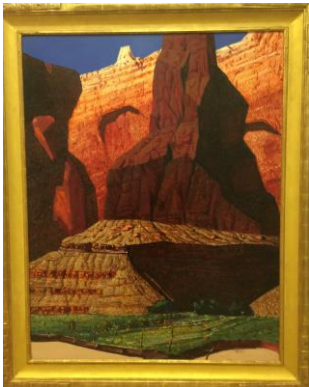


One day a new electric train whisked us from Folsom into Sacramento to visit the Crocker Museum of Art. We have been coached in the use of our iPhones to find our way around, but we are not good pupils and asking someone gets much better results. The iPhone image is not easy to see in the sunshine and the real people we talked to

gave directions—turn at—walk through the park—the new building down the road on your left. Their helpfulness was truly



appreciated and somehow left us feeling less stressed and more confident of actually finding our destination.



The museum has a huge collection, so we concentrated on the Western American artists with lots of landscapes. My favorite was a colorful painting titled Canyon de Chelly by Conrad Buff in which the blocks of color give it a three-dimensional look. A look at the painting up close shows interesting brushwork reminiscent of an embroidered picture. A little research tells us that the artist, born in Switzerland, studied lace and embroidery design before dedicating himself to painting and eventually residing in Los Angeles.

After this brief respite from the cold we flew back to Chicago while Ken and Veronica left for the East Coast where Veronica ran in the Boston Marathon.

A GENTLE CHALLENGE

There's space in upcoming newsletters for sharing.

Adventures.	My Best
Memories.	A Good Time
Victories.	Defeats

Most stories have a beginning, a middle and an end. Advice for writing lesson plans:

"Tell 'em what you're gonna tell 'em;
Tell them;

Tell 'em what you told 'em."

Choose either approach to get your words onto the page. Or choose something unique.

Minimum number of words could be 90; maximum words about 500. There probably will be space for pictures too.

Send your query for space and the fine print to < newsletter@CHPV.org >

On the Table – Memo to the Mayor

This time, right now, is unprecedented in Chicago: Our city elected a history-making new mayor. She takes office at a time when there seems to be a collective awareness – a wokeness** – that the only way our city and our region will make progress is with greater equity for all.

Who is “all”?

We are.

And that is where On the Table comes in. On the Table conversations this year will become a Memo to the Mayor – a real and tangible way to let Chicago’s new mayor and her administration know how to prioritize what people want. These conversations will happen in offices, libraries, homes, restaurants, places where people gather to discuss opinions, visions for the future, ways to improve our region.

The Chicago Community Trust, a community foundation dedicated to advancing the Chicago region and improving the lives of the people who call it home, stands committed to addressing Chicago’s legacy of systemic inequity and closing the racial wealth gap.

*Woke is a political term of African-American origin that refers to a perceived awareness of issues concerning social justice and racial justice. It is derived from the African American Vernacular English expression “stay woke,” whose grammatical aspect refers to a continuing awareness of these issues.

[Wikipedia](#)

The Trust enables the people whose voices the new mayor needs to hear.

How Can We Make Good Things Happen?

On the Table is an annual forum designed by The Chicago Community Trust to bring people together to make good things happen. Participate.

Go to one or more On the Table discussions. Take a like-minded friend. Speak up, let your voice be heard.

During May, the Trust will collect thousands of memos from On the Table conversations across the region. Each memo will be documented, and each will be used to inform a single, compilation memo to the mayor, delivered by June 21. Summary information will be posted on < <http://onthetable.com> >.

And Then What?

After the Memo to the Mayor is sent, some On the Table hosts will be invited to join leaders of The Chicago Community Trust for a meeting to discuss the memo with City of Chicago leaders. Details of this event will be posted in late June at < <http://onthetable.com> >.

Apple Cracks Down on Apps**

Apple has limited some of the most downloaded apps that control iPhone screen time. An analysis by *The New York Times* and Sensor Tower found that at least 11 of the top 17 time-control apps were removed or restricted within the past year.

**Jack Nicas (2019, April 27) Apple Cracks Down..... New York Times Technology

SHARE Rides

Free transportation is available for Chicago residents age 65 and older
for SHARE-sponsored events only.

Call SHARE 773-441-8457 or eMail < sharerides@chpv.org >

We are advised to request a ride at least 48 hours in advance.
Transportation may be provided by volunteers or Lyft drivers.

Being a Millionaire Today

It isn't all it's cracked up to be, according to *Kiplinger's Personal Finance* editors.

A million dollars, even with all those zeroes, doesn't go very far these days. There are grasping relatives, rapacious investment advisers, soaring taxes even on retirement income like Social Security. Loans to friends too often become gifts. One donation to a charity brings an overflow of "gimme" solicitations. Medicare comes at a higher cost.

What to do? Don't flash the cash. Keep a low profile. If it's still good, keep using it. Continue making common sense decisions.

When you hit that 7-figure net worth, remember you're not alone. The U.S. now has close to 10,800,000 millionaires, up 6% from 2016, according to data from the Spectrum Group's Market Insights Report 2018.

About That Survey

THANK YOU to the 28 Villagers who took time to fill out the survey two months ago.

Villagers do have a sense of humor, although a very few circled "it comes and goes." Most opted for "average." Let's watch for the 21.42% who chose to describe their sense of humor as "wicked." Don't expect funnies in the newsletter, although you may find an occasional mind-stretcher that sends you to Google or Merriam-Webster.

Recap of Flyer Supplement

May 2019 Newsletter Flyer Supplement

Event Date	Sponsor	Name/Topic of Event	Click or Call for More Information
5/2 ⇒	Chicago Department of Family and Support Services	Senior Exercise at Kennicott Park	< ken_gustafson@sbcglobal.net > 773-595-5034
5/4	Hyde Park OWL	Meeting + Program When Do You Need a Geriatric Specialist?	< margarethuyck@gmail.com > 312-833-0415
5/7	CHPV	Dinner Salon - The Snail	< tls1649@sbcglobal.net >
5/9	Elder Justice Center	Senior Enrichment Seminar Managing Evictions and Code Violations	312-603-9233
5/14	CHPV + SHARE	Visit to Smart Museum	< CHPV.org > 773-363-1933 < bnorrish@me.com >
5/23	Elder Justice Center	Senior Enrichment Seminar Domestic Violence Against Seniors	312-603-9233
6/19	CHPV + SHARE	Visit to Holocaust Museum, Skokie	< CHPV.org > 773-363-1933 < bnorrish@me.com >

SENIOR EXERCISE AT KENNICOTT PARK

4434 S Lake Park Av

Tuesday & Thursday
9:00 – 9:45 AM

Sponsored by Chicago Department of Family and Support Services

Free – No registration required – Just show up!

Stretch Bands – Balls – Hand Weights – Chair
Hoops - Mats - Walking – Dance - Games

Our Instructor, Betty

For information contact CHPVillage member

Ken Gustafson

773-595-5034

ken_gustafson@sbcglobal.net



THE VOICE OF WOMEN 40+

HYDE PARK OWL, Chicago Hyde Park Village & SHARE Present a Program for Older Adults



Katherine Thompson, M.D.



Andrew M. Davis, M.D., MPH.

“When Do You Need a Geriatric Specialist?”

Saturday, May 4, 2019, 1:00-1:30 PM - Social Time;

1:30 PM - Business Meeting; 1:45 PM - Program

Room #1, 2nd Floor, Augustana Lutheran Church,

5500 South Woodlawn Avenue, Chicago, Illinois

Katherine Thompson, MD, Associate Professor and geriatric specialist at the UChicago Outpatient Senior Health Center in South Shore, is a national leader in geriatrics and medical education, and **Andrew M. Davis, MD, MPH**, Professor and Associate Vice-Chair for Quality in the Department of Medicine, and a primary care physician and clinical educator at UChicago Medicine, will define what a geriatrician is and when older adults should be referred to a geriatric specialist to coordinate their medical care.

Dr. Thompson provides guidance and leadership for the SHARE Network Project, a partner of Chicago Hyde Park Village. Her expertise is in the interdisciplinary care of older adults with frailty, multiple health issues, or with dementia. **Dr. Davis** has research interests in quality improvement, prevention, and chronic disease. He was a visiting scientist at the U.S. Centers for Disease Control, and has led disease management programs in congestive heart failure, diabetes, and asthma for a large managed care group of 450,000 individuals.

Hyde Park OWL welcomes men to join the conversation. Invite your friends to this very informative program. Bring a tasty treat to share for the social time! Augustana Lutheran Church is easily accessed by CTA #55 Garfield and #171 buses. Enter side door from parking lot. Use the elevator to room #1. For info: margarethuyck@gmail.com or at: **312-833-0415**.

CHPV First Tuesday Dinner Salon
Tuesday, May 7, 2019
4:30-6:00 p.m.
The Snail Thai Cuisine
1649 East 55th Street
Chicago, IL



The Snail, serving the Hyde Park community since 1993, is dedicated to preparing delicious, wholesome, traditional Thai cuisine. Have dinner with us, and discover for yourself why The Snail is Hyde Park's *queen* of Thai cuisine!

Pull up a chair.

Take a taste.

Come join us.

*Life is so endlessly
delicious!*

— Ruth Reichl, an American Chef and Foodie

The CHPV First Tuesday Dinner Salon is open to CHPV Members, non-members, friends, and/or relatives — share a meal, engage in good conversation, and meet new folks

Our Dinner Salon meal & conversation awaits – bring a friend, yourself, an appetite, smiles and good stories

- A casual “no-host” dining together
- Conversations around the table center on life in Hyde Park, travel experiences, upcoming events, &/or politics
- Dress is casual
- No reservations required
- Walk-ins welcome
- Transportation on your own
- On street & metered parking

Salon Diners order off the menu

- Individual checks provided
- Diner's check includes tax & 18% gratuity
- Payment – cash or credit card accepted

Several diners from the previous month, volunteer to bring a bottle of wine to share

There is no corkage charge

For further information, contact Terry Stumpf at tls1649@sbcglobal.net

**The Corner Round Table
is reserved for you and your guest!**

**CIRCUIT COURT
OF COOK COUNTY
ELDER JUSTICE CENTER**

FREE SENIOR ENRICHMENT SEMINAR SERIES:

Managing Evictions and Code Violations: Useful Tools

Topics to Include:

- City of Chicago Residential Landlord Tenant Ordinance
- Conditions that create housing code violations
- Housing inspection process

SPEAKER: **Claire McFarland, Esq.**
Executive Director
Elder Law & Wellness Initiative, NFP

Thursday, May 9, 2019

12:00 noon – 1:30 p.m.

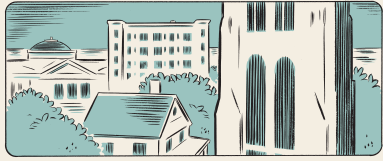
Richard J. Daley Center
50 West Washington Street
Courtroom 2005
Chicago, Illinois 60602

TO REGISTER CONTACT:

The Circuit Court of Cook County Elder Justice Center
(312) 603-9233

Honorable Timothy C. Evans, Chief Judge, Circuit Court of Cook County

CHICAGO HYDE PARK VILLAGE



Visit the Smart Museum
of Art with Chicago
Hyde Park Village on
Tuesday, May 14, 2019
at 1:30 PM

For a docent led tour of the exhibit—

Solidary & Solitary: The Joyner/Giuffrida Collection

This major exhibition offers new perspectives on the significant contribution that African American artists have made on the evolution of visual art in the modern era.

Solidary & Solitary tells the history of art by African-American artists, with a particular emphasis on abstraction, from the 1940s to the present moment. That story is a complicated one, woven from the threads of debates about how to represent blackness, social struggle and change, and global migrations and diasporas.

<https://smartmuseum.uchicago.edu/exhibitions/solidary-and-solitary/>



Smart Museum of Art
The University of Chicago
5550 S. Greenwood Avenue
Chicago, IL 60637



**SHARE
NETWORK**

SOUTH SIDE
HEALTHY AGING
RESOURCE EXPERTS

Free Transportation is available for city of Chicago residents 65 and older by calling (773) 441-8457. Please allow 48 hours advanced notice.

What you need to know:

No-host lunch before the tour at 11:30 AM

Meet for lunch before the tour at **11:30 AM** at UChicago **Baker Dining Commons** at 5500 S. University Avenue. This is a university cafeteria-style dining hall open to the public. Lunch is a fixed price of \$13.92 (cash or credit card). Includes all food and beverages.

The entrance to the dining common is accessed from the sidewalk between the two white buildings on the south west corner of 55th & University, across from Dollop Coffee Shop.

The museum is an easy five-minute walk from Baker Dining Commons.

The tour:

The one-hour tour begins 1:30 PM on Tuesday, May 14 at the Smart Museum of Art on the University of Chicago Campus, adjacent to the Court Theatre. Entrance to the museum is accessed from Ellis Street.

Meet in the museum entrance hall at 1:15 PM. There is a free coat check and restrooms.

At the completion of the one-hour tour, you are welcome to explore the other museum exhibits.

Entrance to the Museum is free. Registration is required so that we know to expect you for the one-hour docent-led tour.!

Register on-line at CHPV.org or call the CHPV Office: (773) 363-1933

Questions—contact Barbara Norrish: bnorrish@me.com

Parking near the museum is limited.

The Smart Museum of Art is easily accessed via three CTA bus routes:

The **CTA 171** (UChicago/Hyde Park) and **CTA 172** (UChicago/Kenwood) buses stop at Ellis and 55th Street. The museum is across the street.

CTA 55 (Garfield) stops on 55th Street at Ellis. The museum entrance approximately ½ block south on Ellis.

**CIRCUIT COURT
OF COOK COUNTY
ELDER JUSTICE CENTER**

FREE SENIOR ENRICHMENT SEMINAR SERIES:

**Domestic Violence Against Seniors:
Misuse of Power and Control**

Topics to Include:

- Court process for obtaining orders of protection
- Legal protections and resources for survivors of domestic violence

SPEAKERS: **Honorable Judge Jeanne Marie Wrenn**

Circuit Court of Cook County
Domestic Violence Division

Jewell D. Wilson

Department of Family and Support Services
Area Agency on Aging, Senior Advocacy Program

Thursday, May 23, 2019

12:00 noon – 1:30 p.m.

Richard J. Daley Center

50 West Washington Street

Courtroom 2005

Chicago, Illinois 60602

TO REGISTER CONTACT:

The Circuit Court of Cook County Elder Justice Center
(312) 603-9233

Hon. Timothy C. Evans, Chief Judge, Circuit Court of Cook County

CHPV invites you to visit the Illinois Holocaust Museum In Skokie, June 19, 2019



ILLINOIS HOLOCAUST MUSEUM
& EDUCATION CENTER

Take history to heart. Take a stand for humanity.

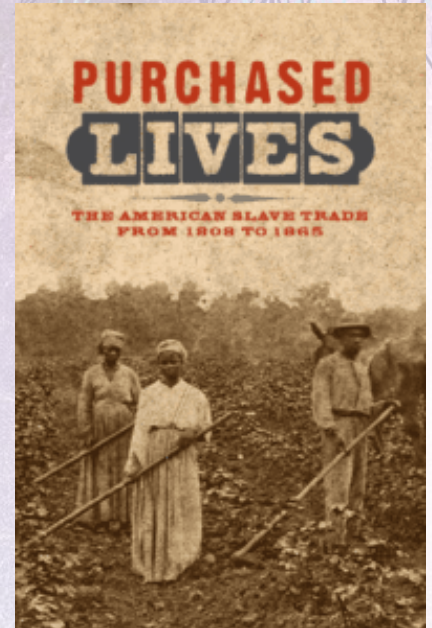
Chicago Hyde Park Village will visit the Illinois Holocaust Museum on
Wednesday, June 19, 2019.

We will travel by bus, departing and returning to Augustana Lutheran Church, 5500 S Woodlawn Avenue, Chicago 60637

Our visit includes a docent-led tour of the exhibit ***Purchased Lives: the American Slave Trade from 1808-1865.****

We will also experience the ***Take a Stand Center***, an immersive, interactive, holographic Holocaust Survivor Stories Experience

The visit includes a box lunch at the museum and time to view other museum exhibits.



"Now I've been free, I know what a dreadful condition slavery is. I have seen hundreds of escaped slaves, but I never saw one who was willing to go back and be a slave." Harriet Tubman

Schedule for the Day

Wednesday, June 19, 2019

Juneteenth: Celebration of African American Emancipation

- 8:45 AM Meet at Augustana Lutheran Church
5500 S. Woodlawn Ave parking lot
- 9:00 AM Bus departs promptly for Skokie
- 10:00 AM Arrive at Museum
- 10:15 AM Docent-led tour: ***Purchased Lives***
- 11:00 AM ***Take a Stand Center***
- 11:45 AM Boxed Lunch
- 12:30 PM Explore museum on your own
- 2:00 PM Board bus to return
- 3:00 PM Arrive back at Augustana

****Purchased Lives: The American Slave Trade from 1808 to 1865*** illustrates the pain and injustice of the American domestic slave trade, illuminating just how widespread the practice of slavery was in American life, as well as its impact on enslaved families across the country.

Illinois Holocaust Museum consistently uses special exhibitions to tell stories of inhumanity and resilience, both historical and present-day. [Click here to read more about the exhibit.](#)



Cost: \$15.00

The cost includes bus transportation to and from the museum, museum entrance fee, docent-led tour, and box lunch at the museum.

Registration is required!

Space is limited. Register by June 12, 2019 at CHPV.org or call the CHPV office: (773) 363-1933.

No cancellations or refunds after June 12.

For more information, contact Barbara Norrish: bnorrish@me.com

"Slavery is theft – theft of life, theft of work, theft of any property or produce, theft even of the children a slave might have borne." — Kevin Bales Professor of Contemporary Slavery at the University of Nottingham.