

OPIOID USE DISORDER RESOURCES

HELPLINES

These telephone hotlines are available for those who need direct help finding information about opioid use disorder. If it is an emergency, call 9-1-1.

Illinois Helpline for Opioids and Other Substances 1-883-2FINDHELP (3463-4357)

A helpline for residents of Illinois struggling with substance use disorder, as well as their families, friends, caregivers, and professionals to find information about treatment and recovery support services in Illinois. Service is free, confidential, and available in any language 24/7, 365 days-a-year.

Substance Abuse & Mental Health Services Administration National Helpline 1-800-662-HELP (4357)

A free, confidential, 24/7, 365-day-a-year treatment referral and information service for individuals and families facing mental and/or substance use disorders. Available in both Spanish and English.

NALOXONE PROVIDERS

Naloxone, also known by the name brand Narcan, is an easy to administer, lifesaving medication that reverses the effects of an opioid overdose. It comes in both injectable and nasal spray form.



Naloxone is available over the counter, with no prescription necessary, at these major provider locations:

CVS Pharmacy
Jewel-Osco
Mariano's
Walgreens Pharmacy

The Chicago Recovery Alliance

312-953-3797

anypositivechange.org

Provides various services to reduce drug-related harm from several outreach locations. Services include: naloxone distribution, overdose training, safe injection equipment, and counseling. Call or check their website for more information, including locations. Spot services in your neighborhood by looking for their silver mobile outreach van.

SUPPORT GROUPS

Support groups are safe spaces for those with opioid use disorder to meet and develop a mutual support system. Through this, members are able to gain knowledge of resources, share feelings and concerns, and recover in an encouraging environment.

Chicago Area Narcotics Anonymous

708-848-4884

chicagona.org

Chicago NA hosts free meetings on a variety of topics related to narcotic use disorder. For their full schedule of meeting times and locations, please call or see their website.

SMART Recovery Chicago

smartchicagonorth@gmail.com

smartrecoverychicago.org

SMART Recovery offers science-based, secular support groups for individuals seeking independence from substance use disorder. Meetings are available online or in-person throughout the greater Chicago area and are free of charge with no registration required. See their website for a list of meeting times and locations.

Southwood Interventions

5701 S. Wood St. Chicago, IL 60636

773-737-4600

Offers a wide variety of treatment services including detox, residential, and outpatient programming as well as self help and support programs that are open to patients and the community. NA meetings are held weekly, call for times and dates. Accepts most insurance



SOUTH SIDE
HEALTHY AGING
RESOURCE EXPERTS

providers and Medicaid.

NEEDLE EXCHANGE PROGRAMS

Through these organizations, you can obtain all of the supplies and equipment necessary for safer drug injection. Additionally, you can safely dispose of used injecting equipment.

Community Outreach Intervention Projects (COIP) publichealth.uic.edu/coip

Offers services free to the public at five community-based locations throughout Chicago. Services include: prevention case management, needle exchange program, substance use disorder treatment referrals, and overdose prevention education. Locations listed below.

COIP - Southeast

8910 S. Commercial Ave
Chicago, IL 60617
773-356-5920

COIP - West Englewood

1606 W. 63rd St
Chicago, IL 60636
773-434-9367

COIP - Mobile Outreach Unit

Location varies by day
312-246-1247

The Chicago Recovery Alliance 312-953-3797

anypositivechange.org

Provides various services to reduce drug-related harm from several outreach locations. Services include: naloxone distribution, overdose training, safe injection equipment, and counseling. Call or check their website for more information, including locations. Spot services in your neighborhood by looking for their silver mobile outreach van.

DRUG DISPOSAL SITES

Disposing of unwanted or unused medications is important in order to avoid opioid misuse. By safely disposing of your medications, you are preventing family and friends from possibly misusing prescriptions.

You can dispose of your medications at any of the following resources' locations. Make sure to scratch out all personal information on your prescription bottles before discarding. Locations include:

CVS Pharmacy
Chicago Police Department Stations
University of Chicago DCAM Pharmacy
Walgreens Pharmacy
Well Future Pharmacy

TREATMENT SERVICES

There are several treatment options available for an individual with an opioid use disorder. Treatment can involve staying at a service provider (inpatient) or going to a treatment center part-time (outpatient). Services can include counseling, therapy, support groups, detoxification, and Medication-Assisted Treatment.

Medication-Assisted Treatment, also known as MAT, is when medication is combined with counseling to ease withdrawal symptoms and provide a whole-patient approach. The commonly used medications are:

Buprenorphine (Suboxone) – Reduces the effects of opioid withdrawal. Can be prescribed by a physician and has weaker opioid-like effects than Methadone.

Methadone – Lessens the painful symptoms of opioid withdrawal and must be received under the supervision of a physician.

Naltrexone – Prevents individuals from getting a high from opioid and reduces cravings. Must be prescribed by a healthcare provider.

ACCESS Community Health Network

An outpatient drug treatment program utilizing buprenorphine to reduce opioid use disorders. This service includes weekly visits with an ACCESS doctor, regular group support sessions, counseling, and health care services. ACCESS accepts most insurance plans, Medicare and Medicaid. Various clinic locations are listed below.

ACCESS Ashland Family Health Center

5159 S. Ashland Ave.
Chicago, IL 60609
773-434-9216



ACCESS Booker Family Health Center

654 E. 47th St.
Chicago, IL 60653
773-721-7600

ACCESS Brandon Family Health Center

8300 S. Brandon Ave.
Chicago, IL 60617
773-721-7600

MAT

OUTPATIENT

Catholic Charities Addiction Counseling and Education Services

2601 W. Marquette Rd Chicago, IL 60629
312-655-7725

catholiccharities.net/GetHelp/OurServices/
Provides outpatient and intensive outpatient substance use disorder treatment that focuses on the strengths of the individual as well as offers 12-step meetings and an aftercare program. Services are available in both English and Spanish. Accepts most insurance providers including Medicare and Medicaid as well as individuals without insurance plans.

OUTPATIENT

INTENSIVE OUTPATIENT

Christian Community Health Center

9718 S. Halstead Chicago, IL 60628
773-233-4100

cchc-online.org

Offers outpatient treatment services using Buprenorphine to treat opioid use disorders. Accepts most insurance plans and Medicaid, as well as offers a sliding scale fee option.

MAT

OUTPATIENT

Counseling First

1525 E. 53rd St. Chicago, IL 60615
counselingfirst.org

Counseling First provides outpatient opioid use disorder treatment consisting of face-to-face clinical services. The frequency and intensity of treatment depends on the individual. Accepts private pay only.

OUTPATIENT

Esperanza Health Center

2001 S. California Ave. Chicago, IL 60608
773-640-5788

esperanzachicago.org

An outpatient program that combines counseling buprenorphine to help individuals struggling with opioid use disorders. Clients meet weekly with staff for assessment and medication pickup. Accepts most insurance plans and offers a sliding scale fee.

MAT

OUTPATIENT

Gateway Foundation

3828 W. Taylor St. Chicago, IL 60624
887-505-4673

www.gatewayfoundation.org

Offers both inpatient and outpatient treatment services using medications such as Methadone, Buprenorphine, and Naltrexone to treat opioid use disorders. While receiving medication, individuals also receive intensive therapy as well as meetings with counselors post-treatment. Gateway Foundation offers programs specific to veterans and LGBTQ individuals. Accepts most insurance plans as well as works with individuals without insurance to help cover costs.

MAT

INPATIENT

OUTPATIENT

Healthcare Alternative Systems Inc.

4534 S. Western Ave. Chicago, IL 60609
773-254-5141

hascare.org

Offers outpatient and intensive outpatient treatment services for individuals who have an opioid use disorder and do not need detoxification. Treatment includes an individualized recovery plan, education on addiction and healthy lifestyles, and group, individual, and family counseling. Services are offered in both English and Spanish. Most insurance providers and Medicaid is accepted

OUTPATIENT

INTENSIVE OUTPATIENT

NuWay Community Services Inc.

110 E. 79th St. Chicago, IL 60619
773-723-2790

Provides outpatient and intensive outpatient treatment services specific to opioid use disorder, using methadone to treat dependency. Accepts most insurance providers and Medicaid, as well as offers a sliding scale fee.

MAT

OUTPATIENT

INTENSIVE OUTPATIENT

Pilsen Wellness Center

2015 W. Cermak Rd. Chicago, IL 60608
773-890-0645

pilsenwellnesscenter.org

Offers rehabilitation services for persons with an opioid use disorder. Services include individualized assessment and treatment planning, psychiatric intervention, medication training and monitoring, individual and group counseling, support groups, case management, and aftercare. Pilsen Wellness Center has a specific treatment program that uses medication to combat dependency as well as an outpatient drug free program.

MAT

OUTPATIENT



Specialized Assistance Services
2630 S. Wabash Ave. Chicago, IL 60616-2825
312-808-3218
sasichgo.com

An outpatient substance use disorder program that uses methadone to reduce the symptoms of opioid use along with counseling, education, and support groups. Accepts all Medicaid insurance.

MAT

OUTPATIENT

Southwood Interventions
5701 S. Wood St. Chicago, IL 60636
773-737-4600

abraxasyfs.com/facilities/southwood/

Offers a wide variety of treatment services including detox, residential, and outpatient programming as well as self help and support programs that are open to patients and the community. NA meetings are held weekly, call for times and dates. Accepts most insurance providers and Medicaid.

INPATIENT

OUTPATIENT

St. Bernard Hospital
326 W. 64th St. Chicago, IL 60621
312-943-6545

Offers a partial hospitalization program where individuals spend approximately five hours a day in structured group treatments based on an individualized treatment plan.

MAT

INTENSIVE OUTPATIENT

Thresholds
4101 N. Ravenswood Ave. Chicago, IL 60613
773-572-5500
contact@thresholds.org
thresholds.org

Provides outpatient and intensive outpatient services that are person-centered, trauma-informed, and support by strong research evidence. Services include: an individualized treatment plan, counseling, therapy, and use of the medication buprenorphine. Most treatment services are covered by Medicaid, Medicare, or private insurance; discounted fees are available for those who qualify.

University of Chicago Medicine – Behavioral & Substance Addiction Clinic
5841 S. Maryland Ave. Chicago, IL 60637
773-702-3858
acid.uchicago.edu

Provides confidential assessment, medication management, individualized therapy and group therapy for individuals with an opioid use disorder. Additionally, provides counseling services for co-dependents or family members of opioid dependent individuals. The clinic accepts most insurance plans, Medicare and Medicaid. Call to make an appointment.

OUTPATIENT

FAMILY, FRIENDS & CAREGIVERS

Having a loved one with an opioid use disorder is often difficult on family, friends & caregivers. Below are resources to support these individuals.

Families Anonymous Recovery Fellowship
800-736-9805
familiesanonymous.org

Meetings for families and friends who have experienced the destructive behavior of someone near to them caused by an opioid use disorder to come together and support one another through a 12-step recovery program. Meetings are available online or in-person at various locations listed on their website.

SMART Recovery Chicago - Family & Friends
smartchicagonorth@gmail.com
smartrecoverychicago.org

SMART Recovery provides support groups for those with an opioid use disorder as well as a specific group for family members and friends of an individual with an opioid use disorder. This group meets online Mondays at 8:00pm and Thursdays at 12:30pm. See their website to register.

The Chicago Recovery Alliance
312-953-3797
anypositivechange.org

In addition to providing services to individuals experiencing a substance use disorder, the Chicago Recovery Alliance offers a 90-minute overdose responder training program at a low cost. This program teaches responders how to use naloxone and rescue breathing when responding to opioid overdose. For more information and to sign up, see their website.

